

Fasting guide

day 8. spoken word

John 11:38-44: Jesus, once more deeply moved, came to the tomb. It was a cave with a stone laid across the entrance. "Take away the stone," he said.

"But, Lord," said Martha, the sister of the dead man, "by this time there is a bad odor, for he has been there four days." Then Jesus said, "Did I not tell you that if you believe, you will see the glory of God?" So they took away the stone. Then Jesus looked up and said, "Father, I thank you that you have heard me. I knew that you always hear me, but I said this for the benefit of the people standing here, that they may believe that you sent me." When he had said this, Jesus called in a loud voice, "Lazarus, come out!" The dead man came out, his hands and feet wrapped with strips of linen, and a cloth around his face.

Jesus said to them, "Take off the grave clothes and let him go." The story of Lazarus' death and resurrection reflects the power of Jesus' spoken Word. He already knew in His heart the miracle that was about to take place, but His words spoke the miracle into existence. While prayer is our declaration of our dependence on God, our spoken words can be the manifestation of what's happening in our hearts. There is power in our spoken words – whether they are used to build up or tear down. It is so important to keep our hearts filled with the truth from God's Word so that our words will produce good fruit.

As you seek God in prayer, ask Him for the words and discernment that may help someone today. Pray that your words would be encouraging, edifying and aligned with the truth of God's word. Building others up around us with our words allows us to be God's instrument – a vessel for His good work. As God continues to fill us through this season of prayer and fasting, He wants to take what is now in our hearts and share it with others. How can you use the power of your spoken words to speak God's truth in the lives of others?

Additional reading:

Isaiah 50:4: "The Sovereign LORD has given me a well- instructed tongue, to know the word that sustains the weary. He wakens me morning by morning, wakens my ear to listen like one being instructed."

Ephesians 4:29: "Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen."

Matthew 12:33-37: "Make a tree good and its fruit will be good, or make a tree bad and its fruit will be bad, for a tree is recognized by its fruit. You brood of vipers, how can you who are evil say anything good? For the mouth speaks what the heart is full of. A good man brings good things out of the good stored up in him, and an evil man brings evil things out of the evil stored up in him. But I tell you that everyone will have to give account on the day of judgment for every empty word they have spoken. For by your words you will be acquitted, and by your words you will be condemned."

Proverbs 18: 21: "The tongue has the power of life and death, and those who love it will eat its fruit."

Proverbs 12:18: "The words of the reckless pierce like swords, but the tongue of the wise brings healing."

Prayer:

Father, Thank You that Your Word is life and power to me and to others. Your Word brings hope to things that appear to have no hope. May Your words take root in my heart so that I can bring life, power and encouragement to others who are weary. Place a deep hunger in my heart for Your words so that I can memorize and recall Your words when needed. May the words of my mouth and the meditations of my heart be pleasing in Your sight, oh Lord, my rock and my redeemer.