

# Fasting guide

## Day 2. unwavering in faith

**James 1:2-7:** Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything. If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you. But when you ask, you must believe and not doubt, because the one who doubts is like a wave of the sea, blown and tossed by the wind. That person should not expect to receive anything from the Lord.

What do you expect when you pray? When we pray with earnest expectation, we are exercising our faith. The earnest prayers of people walking in step with God can produce powerful results, and the most earnest prayers come from us recognizing our need for God.

There can be a natural tendency to shrink back when praying for the seemingly impossible, but we must remember that nothing is impossible with God.

If we know the promises that God has given us, and understand His character and the principles by which He works, we can pray with confidence and trust Him for the answer. The Kings James Version of the Bible refers to it as being *“unwavering in your faith.”* What has caused you to waver in your expectation with God? James reminds us that faith and wavering are actually contradictory – he says *“nothing wavering”*. Know that God never wavers in His love for you. You can trust Him completely.

- What are you trusting God for in this season?
- How can you line up your expectations with the Word of God when you pray?
- Find promises in His Word that answer your need and write them down today.

### Additional reading:

**Matthew 17:20:** He replied, “Because you have so little faith. Truly I tell you, if you have faith as small as a mustard seed, you can say to this mountain, ‘Move from here to there,’ and it will move. Nothing will be impossible for you.”

**Romans 8:28:** And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

**Romans 12:2:** Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.

### prayer:

Lord, please help me to stand firm in my faith as I walk with You. You are my strong tower. I know I can trust in You. Guard and renew my mind, body, soul and spirit in Christ Jesus according to Your will. May each one line up with the Word of God. May my life be filled with faith and expectation that You are working all things for good. Give me faith to move mountains, knowing that You have promised to do the impossible so that You may be glorified. May my life, thoughts and expectations reflect Yours, my King and my God.