

Fasting guide

day 19. love

On the Friday that Jesus died it might seem that the wrath of God has eclipsed the love of God. But it isn't so. Mercy triumphs over Judgment at Easter: love triumphs over wrath.

At the last supper Jesus washed the disciples' feet. He also gave them a new commandment, *"Love one another as I have loved You."*

But the disciples don't fully comprehend how deeply Jesus has loved them. After all they had been through, it took a king on His knees with a towel around His waist to prove to them the loving, servant heart of God (what if our president, or a king, were to wash the feet of a bunch of fishermen today? What if it were your feet?). But even so, Peter the disciple doesn't understand why Jesus would defile Himself in this way. If that night Peter finds it hard to accept that Jesus His king would humiliate Himself by washing His followers' feet, he will be even more confounded the next day. For there will be another demonstration of how God loves on Good Friday, when the perfect love of God in Jesus faces the wrath of God against evil, and triumphs in the end. All for the love of us.

John 13.1-15 (NLT):

Before the Passover celebration, Jesus knew that his hour had come to leave this world and return to his Father. He now showed the disciples the full extent of his love. It was time for supper, and the Devil had already enticed Judas, son of Simon Iscariot, to carry out his plan to betray Jesus. Jesus knew that the Father had given him authority over everything and that he had come from God and would return to God. So he got up from the table, took off his robe, wrapped a towel around his waist, and poured water into a basin. Then he began to wash the disciples' feet and to wipe them with the towel he had around him. When he came to Simon Peter, Peter said to him, "Lord, why are you going to wash my feet?" Jesus replied, "You don't understand now why I am doing it; someday you will." "No," Peter protested, "you will never wash my feet!" Jesus replied, "But if I don't wash you, you won't belong to me." Simon Peter exclaimed, "Then wash my hands and head as well, Lord, not just my feet!" Jesus replied, "A person who has bathed all over does not need to wash, except for the feet, to be entirely clean. And you are clean, but that isn't true of everyone here." For Jesus knew who would betray him. That is what he meant when he said, "Not all of you are clean." After washing their feet, he put on his robe again and sat down and asked, "Do you understand what I was doing? You call me 'Teacher' and 'Lord,' and you are right, because it is true. And since I, the Lord and Teacher, have washed your feet, you ought to wash each other's feet. I have given you an example to follow. Do as I have done to you. How true it is that a servant is not greater than the master. Nor are messengers more important than the one who sends them. You know these things – now do them! That is the path of blessing.

Peace is my last gift to you, my own peace I now leave with you; peace which the world cannot give, I give to you. I give you a new commandment: Love one another as I have loved you.

Peace is my last gift to you, my own peace I now leave with you; peace which the world cannot give, I give to you. By this shall the world know that you are my disciples: That you have love for one another. (BCP)

- Are you washed in the love of Jesus?
- Whose feet do you need to wash in humility and love?
- In what areas of your life and in what relationships do you need His Spirit of love and humility?
- How can you serve others, especially those you are the closest to? How can you grant another the peace He has freely given us?

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Prayer:

Wash me clean Lord. I want to receive all You have for me. I am blessed and honored when You serve me; I am humbled by Your humility. Help me remember Your healing and cleansing. Don't let me forget my salvation. In darkness help me call on Your name. Jesus. In darkness, be the light of my heart; may I never be afraid. I am longing for Your sunrise, Jesus. In Your mercy, give me the gift of hope. And by Your love, help me to love others. Teach me Your way in the coming days. Help me to understand how You have loved me, and how You love me still.