

Fasting guide

day 14. alignment with heaven

Matthew 6:10 (KJV): “Thy kingdom come, Thy will be

done on earth, as it is in heaven.” We have all heard the phrase, “just like heaven on earth.” When Jesus taught His disciples how to pray, in Matthew 6:9-13, He provided some insight into what “heaven on earth” might look like. In reality, heaven is a place where God’s will reigns supreme. If we want to have a taste of heaven on earth, then our prayer should be like Jesus’: “Thy kingdom come, Thy will be done...” The purest motivation for our prayers is that God will be glorified and that His will would reign supreme in our lives, just like it does in heaven.

On a more personal level, we can pray that His will be unhindered in our own lives. Rather than imposing His will upon us, God gives us the choice to surrender to it with trust and gladness. As we yield to the Lordship of Christ over every area of our lives, we come into agreement with Him. We experience alignment with heaven and position ourselves to taste a little bit of heaven here on earth. His will then becomes what we desire and the thing we most seek after. We enter into the incredible adventure of participating in God’s plan to move His kingdom forward on the earth. This is where we find the most fulfilling and joyous life, but it all starts with one, personal “yes, Lord” on our part.

- What does God’s will “on earth as it is in heaven” look like in your life?
- Do the desires of your heart line up with the will of God?
- As we seek God together, let’s pray as Jesus taught us, “Thy kingdom come, Thy will be done.”

additional reading:

Isaiah 58:1-12

For day after day they seek me out; they seem eager to know my ways,
as if they were a nation that does what is right and has not forsaken the commands of its God.

They ask me for just decisions

and seem eager for God to come near them.

³ ‘Why have we fasted,’ they say, ‘and you have not seen it?’

Why have we humbled ourselves,

and you have not noticed?’

“Yet on the day of your fasting, you do as you please and exploit all your workers.

⁴ Your fasting ends in quarreling and strife, and in striking each other with wicked fists.

You cannot fast as you do today

and expect your voice to be heard on high.

⁵ Is this the kind of fast I have chosen,

only a day for people to humble themselves?

Is it only for bowing one’s head like a reed and for lying in sackcloth and ashes?

Is that what you call a fast,

a day acceptable to the LORD?

⁶ “Is not this the kind of fasting I have chosen: to loose the chains of injustice

and untie the cords of the yoke, to set the oppressed free

and break every yoke?

⁷ Is it not to share your food with the hungry

and to provide the poor wanderer with shelter— when you see the naked, to clothe them,

and not to turn away from your own flesh and blood? ⁸ Then your light will break forth like the dawn,

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and your healing will quickly appear;
then your righteousness[a] will go before you,
and the glory of the LORD will be your rear guard. ⁹ Then you will call, and the LORD will answer;
you will cry for help, and he will say: Here am I. "If you do away with the yoke of oppression, with the
pointing finger and malicious talk,
¹⁰ and if you spend yourselves in behalf of the hungry and satisfy the needs of the oppressed,
then your light will rise in the darkness,
and your night will become like the noonday.

¹¹ The LORD will guide you always;
he will satisfy your needs in a sun-scorched land and will strengthen your frame.
You will be like a well-watered garden, like a spring whose waters never fail.

¹² Your people will rebuild the ancient ruins and will raise up the age-old foundations; you will be called
Repairer of Broken Walls,
Restorer of Streets with Dwellings.

James 1:27: Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress and to keep oneself from being polluted by the world.

Prayer:

Father, Your word is very clear about what Your will is. You desire for us to reach out to the lonely, oppressed, marginalized and lost. You have great compassion on them and desire us to be Your hands and feet. Please help my will to line up with Yours. Please enable me to care about others being lost more than I care about the comforts or problems in my life. May Your kingdom come, may Your will be done on earth as it is in heaven. And may I be willing to bring Your kingdom to earth by the way I treat others around me. Please open my eyes to who You want me to bless today.