

Fasting guide

day 11. what's your assignment?

Luke 4:1-2, 14-15: Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the desert, where for forty days He was tempted by the devil. He ate nothing during those days, and at the end of them He was hungry...Jesus returned to Galilee in the power of the Spirit, and news about Him spread through the whole countryside. He taught in their synagogues, and everyone praised Him.

Fasting and prayer are helpful to receiving a clear vision of God's specific path for our lives. Many times following a season of prayer and fasting we can have a more defined understanding of the part that we play in the body of Christ and a greater sense of our particular spiritual giftings.

(1 Corinthians 12) This chapter in the Gospel of Luke describes the circumstances surrounding the beginning of Jesus' public ministry. Notice that He went into the desert "full of the Holy Spirit." However, He returned to Galilee, "in the power of the Holy Spirit." Being full of the Spirit is knowing God and his character; walking in the power of the Spirit is when we know that we have the God-given strength and authority in our lives to walk out His will.

The power of the Spirit is essential for us to accomplish the assignment God has for our lives. God could be leading you to fast so that you can receive His specific instructions for your life. He will empower you, not just to know Him, but to walk in His power to accomplish what He has called you to do.

- Are there areas of your life that need more clarity?
- Are you walking in the power of the Spirit and living in God's purpose for your life? Write down those things God is speaking to you.
- As you continue your fast, pray that God continually reveals His purpose and gives you ever increasing clarity and strength to walk it out.

Additional reading:

Psalms 37:3-7: Trust in the LORD and do good; dwell in the land and enjoy safe pasture. Take delight in the LORD, and he will give you the desires of your heart. Commit your way to the LORD; trust in him and he will do this: He will make your righteous reward shine like the dawn, your vindication like the noonday sun. Be still before the LORD and wait patiently for him; do not fret when people succeed in their ways, when they carry out their wicked schemes.

Isaiah 48:17-18: This is what the LORD says— your Redeemer, the Holy One of Israel: I am the LORD your God, who teaches you what is best for you, who directs you in the way you should go. If only you had paid attention to my commands, your peace would have been like a river, your well-being like the waves of the sea.

Romans 1:1-2: Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Fasting guide

Prayer:

Holy Spirit, thank You that Your power lives within me. I want to live more in Your power, so I ask that You come into my soul and fill me again. I do not want any sin in my life to block You, so I ask You cleanse my heart. I know You have a purpose for my life, but I don't always know what that is. I ask for a clear calling and discernment as I desire to live out the assignment You have given me. Thank You that when You call me to something, You also completely equip me. I pray that You alone will work through me and that others will see You in me. Thank You for choosing me and giving me a purpose. May my life shine brightly for You!